

Hollin Hall Senior Center

Operating Hours: 9 a.m. - 4 p.m.

Telephone: 703-765-4573

1500 Shenandoah Road, Alexandria VA 22308



www.fairfaxcounty.gov/ncs

Schedule of events and activities are subject to change. Please call the facility directly for the most updated information.

December 2014

Programs

Program	When	Time	Description
Billiards Open	Monday-Friday	9 a.m.	
Strength Training with Patty	Monday/Wednesday	9 a.m.	
Exercise with Elena	Monday/Wed. and Fri.	9 a.m./11 a.m.	
4H's Bridge Club	Monday	10 a.m.	
V.I.P Group	Monday/Wednesday	10 a.m.	
Jazzercise Lite	Monday/Thu. and Fri.	10 a.m./11 a.m.	
Piano Club	Monday	10 a.m.	
Low impact exercise	Monday/Wednesday	11 a.m.	
Pinochle	Monday/Thursday	noon	Is a trick-taking card game typically for two to four players and played with a 48 card deck.
Art with Irinea	Monday	1 p.m.	
Beginning Tap Dance	Monday	1 p.m.	
Spanish with Harry	Monday	2 p.m.	
Billiards Boutique	Monday/Wednesday	2 p.m.	
Tai Chi Intermediate	Tuesday	8:10 a.m.	
Meditation	Tuesday	9:15 a.m.	
Exercise for Men with Celez	Tuesday/Thursday	9:15 a.m.	
Strength Training	Tuesday/Thursday	9:30 a.m.	
Exercise with Rosita	Tuesday/Thursday	10 a.m.	
Chicago Bridge	Tuesday	1 p.m.	
Mahjong	Tuesday/Friday	1 p.m.	
The Needleworkers	Tuesday	1 p.m.	Kaps for Kids
Table Tennis	Tuesday/Friday	noon	
Conversational Spanish	Tuesday	1 p.m.	
MVGS library open	Tue/Wed/Thu	10 a.m.-2 p.m.	
Tai Chi Advanced	Wednesday	8:10 a.m.	
Computer discussion with Bob	Tuesday	9:30 a.m.	
Exercise with Laura and Judy	Wednesday/Friday	9 a.m..	
Canasta	Wednesday	10 a.m.	A card game of the rummy family of games believed to be a variant of 500 Rum. Although many variations exist for two, three, five or six players, it is most commonly played by four in two partnerships with two standard decks of cards.
Exercise with Gloria	Wednesday/Friday	10 a.m.	
Healthy Choices coffee Hour	Wednesdays	10 .am.	Maggie Britvec, joins us on Wednesday Mornings in the Gathering Place for a HEALTHee, Healthful KAFFEE KLATCH!! (and lots of laughter!) 10 a.m. in Room 103
Duplicate Bridge	Wednesday/ Thursday	11:45 a.m.	
Conversational French	Wednesday	2 p.m.	
Dancing	Wednesday	2 p.m.	
Tai Chi Beginning	Thursday	8:10 a.m.	
Wii Bowling	Thursday	10 a.m.	
Band	Thursday	11 a.m.	
Art room Open	Friday	9 a.m.	
Mexican Train Dominoes	Friday	9:30 a.m.	
Harmonica	Friday	11 a.m.	
Line dance with Paula	Friday	noon	
Singing Group	Thursday	1 p.m.	
Open Art Lab	Thursday	1 p.m.	
Many Happy Returns	Tuesday/Friday	noon	with Jim Zuber
Party Bridge	Friday	1 p.m.	
Open Billiards	Friday	2 p.m.	

Classes

Class	When	Time	Description
Chuck Mason's Greeting Card Making Class	1/20/2015	10 a.m.	Class Objectives: Learn to make custom designed greeting cards for many occasions to send to family and friends. Each month the cards will be for holidays in the next month or other occasions. Each class will include three to four different styles of cards using different types of paper, rubber stamps, die cuts and embellishments. Supply Fee, \$10 per session
Alexandria Memories	1/19/2015	1 p.m.	3rd Monday of each month.
Military History	1/12 and 1/26	10 a.m.	2nd and 4th Monday of each month. Discussion drop in group. History Videos on 1/9 and 1/23
Welcome Wagon Open House	1/19/2015	1 p.m.	3rd Monday of each month.
Cozy Mystery Book Club	1/12/2015	1 p.m.	2nd Monday of each month. Sign Up in Orange Notebook. "Knitting Bones" by Monica Ferris, A Needlecraft Mystery Series
MV Quilters Unlimited	1/13 and 1/27	12:30 p.m.	Meets every 2nd and 4th Tuesday of each month in room 112 and for Quilt Bees the 1st and 3rd Tuesday of each month in room 216
Antique Club	1/21/2015	9:30 a.m.	3rd Wednesday of each month. Free. Public invited. Guest Speaker, Mr. Joe Pallone on American Trains, Lionel Models. "Show and Tell" of your Antique Trains.
MV Genealogical Society	1/15/2015	10 a.m.	3rd Tuesday of each month. Topic: "Avoiding Mistakes: Beginning Genealogy" with Sharon Hodges.
Book Club	1/28/2015	1 p.m.	4th Wednesday of each month. The Wife of Martin Guerre by Janet Lewis. Come to Main Office; see Staff
"The Other Book Club"	1/30/2015	11 a.m.	discusses: Maeve Binchy's "Evening Class"
Alexandria Ikebana International	1/7/2015	9:30 a.m.	1st Wednesday of each month.
MV House and Garden Club	Off Site	9:30 a.m.	2nd and 4th Wednesday of each month
Parkinson Support Group	1/7/2015	1:30 p.m.	1st Wednesday of each month
Balance and Exercise presentation	1/29/2015	12:30 p.m.	Tom Swinson, Physical Therapist, MS with Inova Physical Therapy Center presents "Balance and Exercise" followed by the Mount Vernon Physical Therapy Team doing a Balance Screening Session. Free~!

Local Quilters	1/08 and 1/22	9 a.m.-4 p.m.	2nd and 4th Thursday of each month
Model Railroad Club	1/15/2015	10 a.m.	3rd Thursday of each month. Reservations Required. Club Mail by Rail and A Story of Boom and Bust. Enjoy Bagels and Coffee
AARP General Meeting	1/2/2015	1 p.m.	1st Friday of each month
Safe Driving Refresher Course presented by AARP	1/29 and 1/30	9 a.m. - 1:30 p.m.	Sign up in Main Office w/payment. \$15 for AARP Members and \$20 for non-members. Sign Up and Pay in Main Office. We take payment at time of registration.
Theater Club	1/03 and 1/17	1 p.m.	1st and 3rd Friday of each month
New York Memories	1/16/2015	10:30 a.m.	3rd Friday of each month. New York City Churches with Ann Connell
Photo Club	1/9/2015	10 a.m.	2nd Friday of each month
Movie Night	1/15/2015	5:30 p.m.	3rd Thursday. January, Quartet: A trio of retired opera singers' annual celebration of Verdi's birthday sours when their estranged fourth member shows up but refuses to sing. Tensions rise and diva drama erupts -- will personal problems prevent the show from going on? Avant-Garde, Old, New, Funny and Some Sad. Popcorn. Beverage. Free! Sign-up!
Events that Change History	1/02 and 1/16	10 a.m.	1st and 3rd Friday of each month, varies
Stamp Club	1/16/2015	2 p.m.	3rd Friday of each month
Special Events/Trips			
Event/Trip	When	Time	Description
Pentagon City Mall	1/7/2015	10:15 a.m.	After the Holidays Bargain Hunting and Returns. Lunch on your own. Sign up In Main Office, \$1 pay on day of trip
Maggiano's Little Italy	1/14/2015	10:15 a.m.	Home-style Italian fare. Try the "On the House Pasta" One for today and one to take home FREE! Plus -Check out the new mall - Springfield Town Center. Sign up In Main Office, \$1 pay on day of trip
Bradlee Shopping Center	1/21/2015	10:15 a.m.	Gourmet groceries , gifts and burritos, Fresh Market , Hallmark ,California Tortilla. Sign up In Main Office, \$1 pay on day of trip
National Airport Shops and Restaurants	1/28/2015	10:15 a.m.	New! You asked for it - Ben's Chili Bowl without the crowds! Your choice of places to shop and eat. Sign up In Main Office, \$1 pay on day of trip
"Conversation around a square table"	1/6/2015	2 p.m.	Thank you Terry Perrine for coining the "Conversation around a Square Table" -our new program! There will be thoughtful conversation, thought bubbles, TED TALKS discussion, NPR blogs reviews, etc. etc. ...moving along with thought provoking chatter. This will be an 8 week session
The Prayer Flag Project	1/8, 15, and 29	2 p.m.	In June of 2011, Vivika Hansen DeNegre started The Prayer Flag Project. She invited people from around the world to join her in making Prayer Flags. Each flag is created in the artist's own style, then hung outside for a while; its words and sentiment dissolving into the wind and being spread to all whom the wind touches. They are a living, breathing, kinetic journal of our hopes, dreams and concerns. The Prayer Flag Project... Join us. Most supplies and embellishments will be provided. HHSC did the Prayer Flag project two years ago after the shooting in Sandy Hook. The flags were then forwarded to Newtown, Connecticut.
Cable communications Present: Communications Policy, The road ahead	1/13/2015	11 a.m.	Today's economy depends on communications systems that face crucial changes and decisions in the next several years. Topics include the transition from the traditional telephone network to its successors (copper to fiber and "plain old telephone service" to IP Technology), open Internet access, or network neutrality, competition, over the top internet video vs. the traditional cable business model, and privacy and security.
Joan Hart, Author and Art Historian presents Georgia O'Keeffe and New Mexico: An Artist's Journey, from Ghost Ranch to Abiquiu	1/14/2015	10:30 a.m.	"Today the spectacular landscape near Sante Fe is often called "Georgia O'Keeffe country" From 1949 to her death in 1986, the celebrated American artist lived and worked in this area. She alternated between her two houses during the year, one at Ghost Ranch and the other at Abiquiu, surrounded by the terrain she loved. Joan Hart will take you on an armchair tour combining O'Keeffe's works of art.
Michelle Berberet, teaches a five-month session: A "Where I'm From" Word-Art Journal	1/16/2015	10 a.m.	Five sessions. For inspiration, we'll start with George Ella Lyon's poem, "Where I'm From" Then the group will create a journal using words, images, colors, and textures to document where each of us is from. Class Objective: To transform an 18" x 24" piece of paper into a beautiful sixteen page journal that will be the home for words about where each of us is from. Tear, cut, paint with ABANDON! Put the finishing touches on with glue and all kinds of pens.
Mount Vernon Swing Band	1/16/2015	7:30 p.m.	Open to all in the Community. \$4 at the door. Refreshments provided. Third Friday of each month.
Community Meetings			
Meeting	When	Time	Description
Advisory Council	1/1/2015	10 a.m.	All encouraged to attend. 1st Thursday of each month.